

Palpung Thubten Choling Three-Year Retreat Application

Please note: This application is for the pre-retreat training program that precedes the three-year retreat at PTC. Admittance to the actual three-year retreat is determined towards the end of the pre-retreat program.

PERSONAL INFORMATION

Name: _____

Date of Birth: _____

Address: _____

Nationality: _____

Email: _____

Phone: _____

DHARMA BACKGROUND

When, where, and with who did you meet the Dharma?

Whom do you consider to be your root lama?

What Dharma center(s) are, and have you been affiliated with, and for how long?

In what lineage(s) have you practiced/studied?

Practice

What Dharma practices have you completed?

What is your current regular practice and schedule?

What is your retreat experience? (location, content, duration, contact person)

What empowerments and lungs have you received?

Study

What teachings have you received, and from whom?

What texts have you studied? Please describe study process (formal classes, individual study, etc.).

Service

What service have you offered to your dharma community? Please detail location, work capacity, length of time, etc.

Vows

Have you received the following vows?

Vow	Yes/No	Location	Date	Who Administered the Vow(s)
Refuge				
Bodhicitta vow				
Lay vows (which precepts?)				
Novice ordination				
Full ordination				

Tibetan Language

Have you studied Tibetan? How and for how long?

What is your chanting ability (pronunciation, speed)?

What is your reading comprehension ability (for meaning)?

GENERAL BACKGROUND

Group Living/Work Experience

Please describe any group living experiences.

Community Service Experience

Describe any community service experience. Please detail location, work capacity, length of time, etc.

Work Experience

How do you deal with challenges when in group settings?

How do you handle constructive feedback?

Please provide your professional resume/CV.

Financial Ability

Are you financially capable of paying the retreat tuition?

Are you able to cover all personal expenses not included in tuition for the duration of the retreat?

Do you have health insurance?

References

Please provide a letter of reference from:

- 1) your Dharma teacher
- 2) a non-family source

Health (follow-up will occur with a licensed social worker as part of the application process)

Please describe any physical illnesses and/or limitations you have.

Please describe any mental health conditions you have dealt with in your life.

MOTIVATION

How are you preparing yourself for three-year retreat?

What are your aspirations and reasons for wanting to do three-year retreat in general, and at PTC in particular?

How do you see the retreat contributing to your long-term goals?

Please mention any other relevant information regarding your candidacy for acceptance to three-year retreat at PTC.